

**Commodore Jonathan M S Fry Royal Navy**



**Ministry  
of Defence**

**Head of Youth and Cadets  
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Ministry of Defence**  
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19 May 2021

See Distribution

**CADET HEALTH CHECK REPORT 2020 – MOD SUMMARY**

1. The Annual Health Check of Cadet Forces is conducted by a small team appointed by the Council of Reserve Forces' and Cadets' Associations. It delivered its fifth report to Chief of Defence People in February 2021.
2. As in previous years, this report has been considered by the Youth and Cadet Steering Groups and a summary of the report produced by MOD Head Youth and Cadets for wider distribution. This summary is at the enclosure and you are requested to give it an appropriate distribution within your organisations.

Yours aye

Enclosure:

Cadet Health Check Report 2020 – MOD Summary, dated 7 May 21.

Distribution:

3-Star Youth and Cadet Steering Group

Copy to:

1-Star Youth and Cadet Steering Group